Athlete Questionnaire

This questionnaire is to be completed at the conclusion of the sport season. Please answer each question and if necessary, add comments on the back of the survey. Your candid review of your athletic experience is important to the development of the program and the important on-going work of integrating the athletic department and experience within your over-all educational experience.

Circle the best answer using the following code:

1 2 3 4 5
Completely Disagree Completely Agree

Positive Experience/Benefits of Athletic Participation

1. Athletics is an important part of my college experience

1 2 3 4 5
Completely Disagree Completely Agree

2. Athletic participation increases my self-esteem .

1 2 3 4 5
Completely Disagree Completely Agree

3. Athletic participation offers a healthy outlet from the academic pressures of the classroom.

1 2 3 4 5
Completely Disagree Completely Agree

4. Participation in athletics helps me manage my time.

1 2 3 4 5
Completely Disagree Completely Agree

5. Participation in athletics contributes to the establishment of good, lifelong fitness habits.

1 2 3 4 5
Completely Disagree Completely Agree

6. Participation in athletics contributes in a positive way toward my body image.

1 2 3 4 5
Completely Disagree Completely Agree

7. Participation in athletics takes away from my identity as a scholar.

1	2	3	4	5
Completely Disagree				Completely Agree

8. Participation in athletics contributes to my healthy eating behavior and a sensible approach to weight management.

1	2	3	4	5
Completely Disagree				Completely Agree

9. Participation in athletics provides an additional support system that is important to my well-being.

1	2	3	4	5
Completely Disagree				Completely Agree

Connection to community/integration

10. Athletic participation has prevented me from participating in other co-curricular activities that I am interested in.

1	2	3	4	5
Completely Disagree				Completely Agree

11. Athletic participation has prevented me from participating in academic activities that I am interested in pursuing (study abroad, colloquium, field trips etc.)

1	2	3	4	5
Completely Disagree				Completely Agree

12. Athletic participation has made it difficult for me to form friendships with non-athletes.

1	2	3	4	5
Completely Disagree				Completely Agree

13. How often do you attend non-athletic, non-academic, co-curricular events on campus in an academic year?

0	1-3	4-6	7-9	10-12	12+

14. How often do you attend non-athletic, academic, co-curricular events on campus in an academic year?

0	1-3	4-6	7-9	10-12	12+

15. How has athletic participation affected your ability to get to know college faculty?

1	2	3	4	5
Made it very difficult				Made it very easy

16. What kind of effect has athletic participation had on your interactions with college faculty ?

1	2	3	4	5
Very negative				Very positive

17. How aware are your classroom professors that you are an athlete?

1	2	3	4	5
Not at all aware				Very much aware

Perception of community support

18. How do most students value the College's intercollegiate sports programs?

1	2	3	4	5
Don't value at all				Value greatly

19. How do most faculty value the College's intercollegiate sports programs?

1	2	3	4	5
Don't value at all				Value greatly

20. How much support do you receive from your coach to reach your academic goals?

1	2	3	4	5
Doesn't support at all				Supports greatly

21. How empathetic is your coach regarding the academic rigors of this college?

1	2	3	4	5
Not at all empathetic				Empathetic to a great extent

22. How empathetic are your professors regarding your athletic commitments?

1	2	3	4	5
Not at all empathetic				Empathetic to a great extent

23. How aware are your classroom professors of your athletic life?

1	2	3	4	5
Not at all aware				Very much aware

24. How approachable is your coach if a serious academic/athletic conflict occurs?

1 2 3 4 5

Not at all approachable Approachable to a great extent

25. How approachable are your professors if a serious academic/athletic conflict occurs?

1 2 3 4 5

Not at all approachable Approachable to a great extent

26. How flexible is your coach in adapting to the ebbs and flows of academic time demands throughout the season?

1 2 3 4 5

Not at all flexible Flexible to a great degree

Connection to classroom

27. Athletic participation has helped me to develop personal qualities that will be valuable later in life (such as self-discipline, leadership, team-work etc.)

1 2 3 4 5

Completely Disagree Completely Agree

28. Lessons that I learn through athletic participation are helpful to me in my academic pursuits.

1 2 3 4 5

Completely Disagree Completely Agree

29. Lessons that I learn in my academic life are helpful to me in my athletic pursuits.

1 2 3 4 5

Completely Disagree Completely Agree

Athletic culture

30. How much did athletic participation influence your choice of major?

1 2 3 4 5

No influence Strongly influenced

31. How much of a priority to you are your academic pursuits compared to other students at your school?

1 2 3 4 5

Less than most students More than most students

32. How much of a priority is your participation in athletics compared to other athletes at your school?

1 2 3 4 5
Less than most athletes More than most athletes

33. How much influence does your participation in college athletics have on your attitude toward academics?

1 2 3 4 5
No influence Strongly influenced

34. How much influence did your participation in college athletics have on your decision to participate in _____ (fill in as appropriate for school …honors program, write a senior thesis etc.)?

1 2 3 4 5
No influence Strongly influenced

35. How much of your social life revolves around your athletic teammates?

1 2 3 4 5
Almost none All

36. Do you think your teammates have more problems related to alcohol consumption than the average student at your college?

1 2 3 4 5
Many more problems Fewer problems

37. Do you think your teammates have more problems with disruptive behaviors than the average student at your college?

1 2 3 4 5
Many more problems Fewer problems

38. How many of your friends are non-athletes?

1 2 3 4 5
Very few All

39. How often do you perceive resentment from other students because of your athletic participation

1 2 3 4 5
Never Often

How empathetic are other students regarding your athletic commitments?

1 2 3 4 5
Not at all Very empathetic

Do you think your teammates have more problems with eating disorders than the average student at your college?

1	2	3	4	5
Many more problems				Fewer problems

Do you think your teammates have more problems with steroid use than the average student at your college?

1	2	3	4	5
Many more problems				Fewer problems

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